

How a Meal Plan Works

WHAT IS INCLUDED IN A MEAL PLAN?

- Meals at North Dining Hall
- FLEX Dollars
- Guest Meals
- Meal Exchange and Cash Equivalency

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MEAL ALLOWANCE:

- Each time you visit North Dining or use a meal exchange at one of our retail locations, a meal will be deducted from your account.
- Meal Plans offer a prescribed number of meals per week or per semester.
- Meals expire on a week to week basis, unless you have a block plan. On a block plan, any unused meals remaining at the end of the semester will not carry over to the following semester.

FLEX DOLLARS:

- FLEX Dollars can be used at all on-campus dining locations and have a dollar for dollar value.
- The I Card works just like a debit card. Simply swipe your card and the amount is automatically deducted from your account.
- You may purchase additional FLEX Dollars by logging in to MyIUP at any time. FLEX Dollars will be charged to your student account.
- Unused FLEX Dollars automatically roll over from the fall to spring semester for active meal plan members. FLEX Dollars expire at the end of the spring semester.

GUEST MEALS, CASH EQUIVALENCY AND MEAL EXCHANGE:

- 5 guest meals are included with your meal plan to be used at North Dining throughout the semester. Treat friends or family to a meal!
- Cash Equivalency allows you to use your meal swipes at retail dining locations including: Greens to Go, Burgers + Fries, Mashville, Folger After Dark, Food on the Run and Grab and Go. Cash Equivalency is not available at national brands. The current exchange rate is \$6.00 per meal.
- Meal Exchange is available at select locations across campus. Meal Exchange is one set selection for a meal swipe.

