

# Ace Your Appetite



**ALL YOU CARE TO EAT**  
North Dining Hall



**ON THE GO**  
9 locations across campus

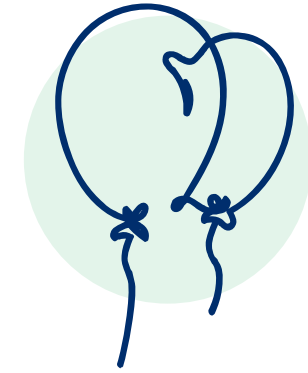




# More to Exp

## SPECIAL EVENTS

Student-focused events  
that bring the campus  
community together



eating  
made  
easy



IUP Dining @iupdining

# Meal Plans

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## Meals Per Week

- A select number of meals per week
  - 19, 14 or 10
- Includes FLEX dollars (amounts vary per plan)
- Meals expire at the end of the week
- FLEX carries over from fall to spring, expires at the end of the spring semester

## Meals Per Semester

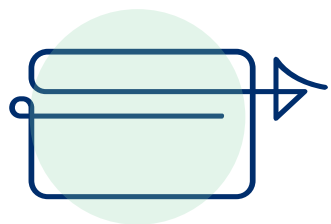
- 175 meals per semester with \$350 FLEX
- Meals expire at the end of the semester
- FLEX carries over from fall to spring, expires at the end of the spring semester

# Know Your Perks

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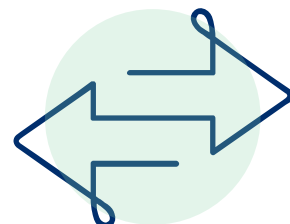


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## **MEAL SWIPES**

All you care to eat at  
North Dining Hall



## **MEAL EXCHANGE**

Use your plan on-the-go



## **DINING DOLLARS**

Use at all locations



## **GUEST MEALS**

Treat friends and family



# Special Dietary Needs



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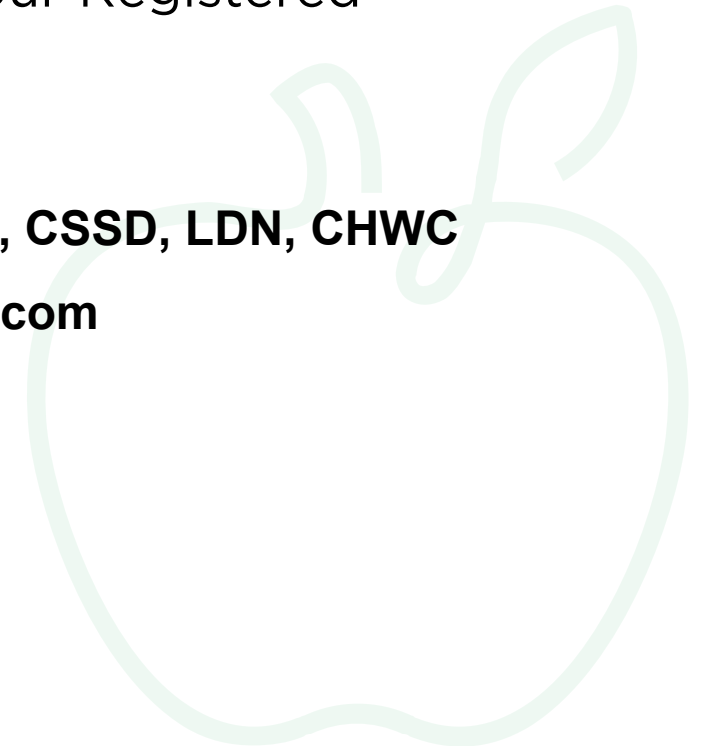


## **YOUR ON-CAMPUS RESOURCE**

Reach out to meet with our Registered Dietitian

**Nicole Dann-Payne, MS, RDN, CSSD, LDN, CHWC**

**[Dannpayne-Nicole@aramark.com](mailto:Dannpayne-Nicole@aramark.com)**



# Student Employment



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made  
easy

## MAKE US YOUR SIDE HUSTLE

Gain valuable skills, build your resume, and earn extra cash while at school.

Aramark is hiring **Student Workers** for flexible gigs in Food Service, Catering, Meal Plan Marketing and more!

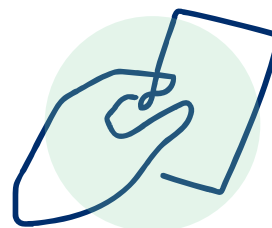
### 1. TEXT

“**SIDEHUSTLE**”  
to  
**63000**

### 2. ENTER SCHOOL ZIP



### 3. APPLY



### 4. EARN



[www.aramarkearlycareers.com](http://www.aramarkearlycareers.com)



# How to Sign Up

A wooden cutting board is the central focus, resting on a light grey textured surface. On the board, there is a large burrito cut in half, revealing a filling of chicken, lettuce, tomatoes, and other vegetables. Next to the burrito are several thin slices of cucumber. In the top left corner of the board, there is a small glass bowl containing a colorful salad of shredded carrots, onions, and greens. The background is a plain, light grey wall.

**ONLINE**

MyIUP

**VISIT THE HOUSING OFFICE**

Ruddock Hall

Bill-to account and Easy payment  
plan options are available!