



The Original Mashville CAL 970 \$8.19
Mashed potatoes, corn, gravy, chicken tenders and shredded cheese

Angry Clucker CAL 920 \$8.89
Mashed potatoes, corn, buffalo sauce, chicken tenders and shredded cheese

Burgh Bowl CAL 740 \$9.19
Mini pierogies, caramelized onions, kielbasa, sour cream, bacon bits and green onion

Create Your Own
without protein **\$8.99**
with protein **\$9.39**

Pierogies or potatoes with or without one protein, 3 toppings, one cheese and one sauce

Make it a combo and add a fountain beverage or 16.9 oz bottle of water for \$1.89

Meal Exchange Special

Mini Mash - mashed potatoes, corn, gravy, chicken tenders and shredded cheese plus a fountain beverage or 16.9 oz bottle of water



Pasta

Create Your Own Pasta \$9⁷⁹

Create Your Own Pasta with Protein \$12.79

Cavatappi 90 Cal

Made without Gluten Pasta 100 Cal

Sauces

Alfredo 190 Cal

Pesto 280 Cal

Garlic Oil 690 Cal

Tomato 40 Cal

Proteins

Chicken 100 Cal

Meatballs 240 Cal

Pepperoni 270 Cal

MEAL EXCHANGE PASTA

Pasta 90 Cal Bread stick 150 Cal

Tomato or Alfredo Sauce 40/190 Cal

Choice of 3 Vegetables



Extra Marinara or Oil Sauce \$1.59

Extra Pesto or Alfredo Sauce \$3.09

Extra Pasta \$2.49

Extra Veggie \$1.39 each

Extra Bread stick \$1.59each

Extra Proteins \$2.99

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.